

# **VIRGINIA SENIOR GAMES**

NEWPORT NEWS MAY 13-16, 2015



**WHERE ATHLETES ARE FOREVER YOUNG!**  
**WWW.VRPS.COM**

## ***WHAT ARE THE VIRGINIA SENIOR GAMES?***

The Virginia Senior Games gives athletes age 50 and up the opportunity to compete with athletes from across Virginia.

The events are open to everyone over the age of 50. No qualifying times/scores needed. You do not have to be a resident of Virginia.

All athletes receive a free t-shirt, a "goodie bag" at check-in, and are invited to the free Athletes' Party on Friday, May 15 from 5:00 p.m.- 8:00 p.m. at City Center at Oyster Point.

***JOIN IN THE FUN! MEET NEW FRIENDS!***

**Archery**  
**Badminton**  
**Basketball**  
**Billiards**  
**Bowling**  
**Cycling**  
**Disc Golf**  
**Golf**  
**Horseshoes**  
**Pickleball**  
**Racquetball**  
**Road Race**  
**Softball**  
**Swimming**  
**Table Tennis**  
**Tennis**  
**Track & Field**  
**Volleyball**

***OPEN TO  
 ATHLETES  
 AGE 50 & UP***

***REGISTRATION  
 DEADLINE:  
 APRIL 17, 2015***



**Register On-line at**  
**[www.virginiaseniorgames.org](http://www.virginiaseniorgames.org)**  
 For information, call  
**(804)730-9447**



### **Want to volunteer?**

Whether you can help for a couple of hours or couple of days, we would love to have you join us to make this the best Virginia Senior Games ever!

Contact Hugo Morrison at [h Morrison@nnva.gov](mailto:h Morrison@nnva.gov) or Joanne Palmeira at [jpalmeira@nnva.gov](mailto:jpalmeira@nnva.gov) for more information.